ACTIVITY REPORT

Indian Nutrition Week-1st to 7th September, 2021

Academic Year: 2021-22

Department: Environment Health and Safety Committee

Name of the Activity: Indian Nutrition Week Celebration -2021

Duration of the Activity: 07 Days

Date of the Activity: 1st to 7th September, 2021

Venue: Online Mode (Google Form)

Coordinator: Dr. P. J. Wagh

Objective: To bring awareness among students about importance nutrition for individual

health under the theme 'Feeding Smart from the Start'

Number of Participants: 182

Outcomes:

- 84.1% participants mentioned that they were well worse with the importance of proper nutrition for Healthy and fit life.
- 95.6% participants mentioned that they became aware about the importance of the proper nutrition from the start to build up healthy individuals after attending knowledge based presentation and quiz during the activity.
- 68.7% participants became conscious and started consuming proper nutrition.
- 73.6% were agreed to guide and insist family members, relatives and friends to go for healthy diet.
- 46.2% participants were ready to organize exhibition, seminar and quiz on 'Nutrition and Diet' at school/college/institute/organization/community level.
- 45.1% participants agreed to donate/sponsored healthy food for needy people/community.
- 44% participants accepted to participate in the Government/Non-Government Organization activities.
- 55.5% participants responded to spread awareness using Social Media platforms.



Prashant Wagh Sep 1, 2021

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Dear students.

Participate in the College Activity and share the link among family members, relatives, friends and social organizations. for spreading awareness about nutrition and health in the society.



Indian Nutrition ... https://forms.gle/naJ



FLYER Indian Nu...



Did you aware of the importance of proper nutrition in living healthy and fit life before this? वया आप इससे पहले स्वस्थ और तंदुरूस्त जीवन जीने में उचित पोषण के महत्व के

बारे में जानते थे? 182 responses

Did this presentation help you to become aware about the importance of the proper nutrition from the start to build up healthy individuals? क्या इस प्रस्तुति ने आपको स्वस्थ व्यक्तियों के निर्माण के लिए शुरू से ही उचित पोषण के महत्व के बारे में जागरूक होने में



How will you contribute to create awareness about proper nutrition and healthy diet in the society? आप समाज में उचित पोषण और स्वस्थ आहार के बारे में जागरूकता पैदा करने में

182 responses

कैसे योगदान देंगे?



