ACTIVITY REPORT

International Yoga Day, 2021

Academic Year: 2021-22

Department: Environment, Health and Safety Committee and Botanical Society

Duration of the Activity: 01 Day

Date of the Activity: 21st June, 2021

Venue: Online Mode (Google Form) https://docs.google.com/forms/d/1koWXtwj1eYqlwDjQRqAV0FnhmvfeGkmhYla9mFj9R1g/edit?usp=sharing

Coordinator: Dr. P. J. Wagh

Objective: To create awareness among student through sharing general knowledge and quiz regarding importance and benefits of Yoga, this is an about 5000 year old tradition of India to achieve harmony of the body and mind through physical, mental and spiritual persuits.

Number of Participants: 265

Outcomes:

• 66.7% participants mentioned highest rating to the activity.

| 'OGA DAY 202 | 1 🗖 ☆ | | | Σ | ⇒ © | 0 | 5 | \$ | Send | : |
|---|----------------|---------------|-----------|------------|------------------|-----------|----|----|------|---|
| Questions Responses 265 Settings | | | | | Total points: 50 | | | | | |
| | | | | | | | | | | |
| Feedback | | | | | | | | | | |
| How will you rate this activity? 264 responses | | | | | [] Сору | | | | | |
| 200 | | | | | | | | | | |
| 150 | | | | | | 176 (66.7 | %) | | | |
| 100 | | | | | | | | | | |
| 50 | | | 10 (1 5%) | 52 (19.7%) | | | | | | |
| 0 — | 19 (7.2%) 1 | 5 (1.9%) 2 | 12 (4.5%) | 4 | | 5 | | | | |



ENVIRONEMENT, HEALTH AND SAFETY COMMITTEE