#### **ACTIVITY REPORT**

### (Blood Donation Camp & Physiotherapy Awareness Camp)

Academic Year: 2020-21

**Department: Women Health and counseling cell** 

Name of the Activity: Blood Donation Camp & Physiotherapy Awareness

**Camp** 

**Duration of the Activity: One Day (10 am to 4 pm)** 

Date of the Activity: 06/03/2021

Venue: College Hall (Anand Niketan College, Anandwan)

Coordinating body: Shri Sainath Blood Center and Component,

Sakkardara, Nagpur

No. of Participants(Donors): 76

**Coordinators/Organizing Committee members:** 

1. Dr. Ranjana Lad

2. Dr. Narendra Patil

#### **Objective:**

- 1. To fulfill a need of healthcare facilities.
- 2. To sensitized the need of blood.
- 3. To motivate all the students to donate the blood.
- 4. To impart students the value of blood donation.

#### **Outcome:**

- 1. Total 76 students and faculty members were donate the blood.
- 2. The donor students got free health checkup plus rate, blood pressure, body temperature and hemoglobin level.

### Registration







### आनंदनिकेतन महाविद्यालयात महिला दिनानिमित्त रक्तदान शिबिर

 वरोडा, ९ मार्च
वागतिक वहिता दिनानियत येथीत असंद निकेतन यहाविद्यालय, आयहारी बूधन सेत आवि साईनाथ स्वद सेंटर रागदूर यांच्या संयुक्त बतीने आनंद निकेतन यहाविद्यालयात रक्तदान विभिन्न व विभिन्नोधेर्यी अवेधानेस क्षेत्र आयोचित करुपात आसा.

स्वक्राधानम् अस्य व न्यानकः, सार्यो पुन्न तेत्रस्य डॉ. तोनतः रातः, सर्वताः स्वड तेराने डॉस्टर व सहकारी पांच्य उपस्थितीत झालेला प कार्यक्रमान्य उद्घाटन मान्यकः तानेन पा कार्यक्रमान्य सम्मायकः डॉ. तिना ताड पांच्या

दीयप्रजननाने झाले. या रक्तदान किविताला स्थानिक व विद्यार्थी यांचा उरकृतं प्रतिकाद विज्ञाला. बस्यास ६६ तीकोरी सस्दान केते. सर्व व्यवसी केते. सस्दान करणाऱ्या सस्दार्थना प्रमाणक व कार्यक्रमाता अध्यक्ष प्रमृत तामतेते

सर्गेक्ष १ मार्च विकास पास प्रथम शाम्य केते. कोर्तना कालात फिलोपेरमी कशी लालपक आहे तसेच श्रासारचे निर्मेश, योग्य आहार, स्यायाम या सर्वारर त्यांनी सम्प्रीक मार्गदर्शन केले. या शिवाप श्रेल शांति त्याता जावयम्क अलगाती किलोपेटची पावती त्यांनी विशेषन केले. उपरिपत सर्वाच्या उत्तांने नितानही त्यांनी

कार्यक्रमचे आमोजन करणात आते होते. या आमारी कार्यक्रमाताठी या. तितक होवले.

# आनंद निकेतन महाविद्यालयात रक्तदान, फिजिओथेरपी जनजागृती शिबिर

वरोरा : जागतिक महिला दिनाचे औचित्य साधन शनिवार ६ मार्च रोजी आनंद निकेतन महाविद्यालय, आय.ए.पी. वूमन सेल आणि साईनाथ ब्लड सेंटर नागपूर यांच्या संयुक्त विद्यमाने आनंद निकेतन महाविद्यालयात रक्तदान शिबिर कार्यक्रमा व्यक्त पर्यंत्र स्थातः कार्यक्रमाया व्यक्तमध्यः इतः स्था लाडः व फ्रिनिओयेरमा जनगपुती शिविर आयोजित वार्यः वार्यानार्वेक्षस्य वार्यान्त्रम्यः स्था कार्यक्रम्यया वार्यानम् मार्था मृत्येका प्रवदः करण्यात आला होता.

महाविद्यालयाचे प्राचार्य डॉ.मुणाल काळे, कार्यक प्रार्थियो तकात पंजन कार्यन हा आव.ए.पी. वूमन सेलच्या डॉ. सोनल भगत, कार्यक्रम पात्रता वाचा पायून प्रत्यक्ष कार्यक्रमाधीकर आदाशी प्रतितेश पात्रीताथ ब्लाड सेंटरचे डॉक्टर व सहकारी, तसेच कार्यक्रमाच्या समन्वयक प्रा. डॉ. रंजना सम्बन्धि सहस्वर्ध पहुंच हे क्षेत्रते कर्वाक्व सम्बन्धि सहस्वर्ध पहुंच हे क्षेत्रते कर्वाक्व संतर्कत संव पहुंच हे क्षेत्रते कर्वक्व संतर्कत संव पहुंच हे क्षेत्रते कर्वक्व उत्स्फूर्त प्रतिसाद मिळाला. शिबिरात एकुण ७६ लक्षात घेऊनच फिजिओथेरपी जनजागृती शिबिर यांनी मानले.



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## 75 donate blood at camp

**■** Our Correspondent

WARORA, Mar 14

BLOOD donation and physiotherapy awareness camp was held at Anand Niketan College here the other day.

The camp was jointly organised by Women Cell of IAP (The Indian Association of Physiotherapist) Nagpur District, Sainath Blood Bank, Nagpur and Anand Niketan College. Principal Dr Mrinal Kale presided over. Dr Sonal Bhagat of IAP, Women's Cell, doctors and colleagues of Sainath Blood Centre, and Dr Ranjana Lad were present. About 76 people donated blood in the camp. All blood donors were given certificates and gifts.

A physiotherapy awareness camp was also conducted on the same day.

Dr Sonal Bhagat delivered a very informative and motivating lecture. She provided relevant guidance on how physiotherapy is needed during corona. She also expounded on breathing control, proper diet, and exercise as

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■ Our Correspo CHANDRAPUR/G Mar 14

VARIOUS proportions of Sharatiya Janata BJP office-bears

Blood donation, physiotherapy - Hitavarela

Our Correspondent

WARORA, Mar 15

THE blood donation camp and physiotherapy awareness camp

was organised at Anand Niketan College, the other day.

The camp was organised jointly by women's cell of Indian Association of Physiotherapist (IAP) Nagpur District, Sainath Blood Bank, Nagpur, and Anand Niketan College. At the outset, dignitaries lit the traditional lamp.

Principal Dr Mrinal Kale chaired the function while Dr Sonal Bhagat of IAP Women's Cell, doctors and colleagues of Sainath Blood Centre, and Dr Ranjana Lad, coor-

dinator of programme. The camp received overwhelming response from students and locals. About 76 people donated blood in the camp. All blood donors were giv-

en certificates and gifts on the occasion. In view of the COVID-19 pandemic and the need to build strong immunity and physical fitness, a physiotherapy awareness camp was also conducted on the same day.

On this occasion, Dr Sonal Bhagat delivered a

very informative and motivating lecture. Initially, she commented on corona, its symptoms, care to be taken before, during and after COVID-19. She provided relevant

guidance on how physiotherapy is needed during corona. She also expounded on breathing control, proper diet, and exercise as well. She discussed the physiotherapy required in games and sports. The lecture concluded with highly interactive 'Question and answer session. The lecture was organised virtually along with the actual programme so that maximum could be benefitted. Prof Tilak Dhoble, Prof. Kalyani Atram, Prof. Vidya Dadmal provided special support for success of this virtual programme.

Principal Dr Mrinal Kale, also emphasised on importance of balanced diet and exercise in the life. Dr Ranjana Lad, in her introductory speech, explained objective behind organising the event. The programme was compered by Prof Priyanka Bhukya while Prof Kalyani Atram proposed a vote of thanks.