

ACTIVITY REPORT

(Blood Donation Camp & Physiotherapy Awareness Camp)

Academic Year: 2020-21

Department: Women Health and counseling cell

Name of the Activity: Blood Donation Camp & Physiotherapy Awareness Camp

Duration of the Activity: One Day (10 am to 4 pm)

Date of the Activity: 06/03/2021

Venue: College Hall (Anand Niketan College, Anandwan)

Coordinating body : Shri Sainath Blood Center and Component, Sakkardara, Nagpur

No. of Participants(Donors): 76

Coordinators/Organizing Committee members:

- 1. Dr. Ranjana Lad**
- 2. Dr. Narendra Patil**

Objective:

- 1. To fulfill a need of healthcare facilities.**
- 2. To sensitized the need of blood.**
- 3. To motivate all the students to donate the blood.**
- 4. To impart students the value of blood donation.**

Outcome:

- 1. Total 76 students and faculty members were donate the blood.**
- 2. The donor students got free health checkup plus rate, blood pressure, body temperature and hemoglobin level.**

Registration



NH353E, Helen Kelar Nagar, Warora, Maharashtra 442907, India

Warora
Maharashtra
India

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| Latitude | 20.252462 | 20°15'8" N |
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2021-03-06(Sat) 10:15(am)

75 donate blood at camp

■ Our Correspondent
WARORA, Mar 14

BLOOD donation and physiotherapy awareness camp was held at Anand Niketan College here the other day.

The camp was jointly organised by Women Cell of IAP (The Indian Association of Physiotherapist) Nagpur District, Sainath Blood Bank, Nagpur and Anand Niketan College. Principal Dr Mrinal Kale presided over. Dr Sonal Bhagat of IAP, Women's Cell, doctors and colleagues of Sainath Blood Centre, and Dr Ranjana Lad were present. About 76 people donated blood in the camp. All blood donors were given certificates and gifts.

A physiotherapy awareness camp was also conducted on the same day.

Dr Sonal Bhagat delivered a very informative and motivating lecture. She provided relevant guidance on how physiotherapy is needed during corona. She also expounded on breathing control, proper diet, and exercise as

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■ Our Correspondent
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Mar 14

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16/03 2021

Blood donation, physiotherapy awareness camp organised

16 March 21 - Hitavarela
■ Our Correspondent
WARORA, Mar 15

THE blood donation camp and physiotherapy awareness camp was organised at Anand Niketan College, the other day.

The camp was organised jointly by women's cell of Indian Association of Physiotherapist (IAP) Nagpur District, Sainath Blood Bank, Nagpur, and Anand Niketan College. At the outset, dignitaries lit the traditional lamp.

Principal Dr Mrinal Kale chaired the function while Dr Sonal Bhagat of IAP Women's Cell, doctors and colleagues of Sainath Blood Centre, and Dr Ranjana Lad, coor-

dinator of programme. The camp received overwhelming response from students and locals. About 76 people donated blood in the camp. All blood donors were given certificates and gifts on the occasion. In view of the COVID-19 pandemic and the need to build strong immunity and physical fitness, a physiotherapy awareness camp was also conducted on the same day.

On this occasion, Dr Sonal Bhagat delivered a very informative and motivating lecture. Initially, she commented on corona, its symptoms, care to be taken before, during and after COVID-19. She provided relevant

guidance on how physiotherapy is needed during corona. She also expounded on breathing control, proper diet, and exercise as well. She discussed the physiotherapy required in games and sports. The lecture concluded with highly interactive 'Question and answer session. The lecture was organised virtually along with the actual programme so that maximum could be benefitted. Prof Tilak Dhoble, Prof. Kalyani Atram, Prof. Vidya Dadmal provided special support for success of this virtual programme.

Principal Dr Mrinal Kale, also emphasised on importance of balanced diet and exercise in the life. Dr Ranjana Lad, in her introductory speech, explained objective behind organising the event. The programme was compered by Prof Priyanka Bhukya while Prof Kalyani Atram proposed a vote of thanks.

