

Quiz on the occasion of 'International Day of Yoga - 2021'

INTERNATIONAL DAY OF YOGA, 21ST JUNE 2021

Hello there,

Hope you are staying safe and doing your best.

Run by Maharogi Sewa Samiti, Warora, Anand Niketan College, Anandwan is celebrating 'INTERNATIONAL YOGA DAY' on 21st June, 2021. The Environment, Health and Safety (EHS) committee and Botanical Society in the college jointly organize an International Level Online Quiz emphasizing the importance of Yoga for healthy life and well being of the people.

Yoga is a 5,000-year-old tradition from India. It combines physical, mental, and spiritual pursuits to achieve harmony of the body and mind. There are various benefits of Yoga as it provides physical and mental relaxation but also develops strength and resilience. Various benefits of yoga made it popular practice for people worldwide, mainly in times of pandemic when mental and physical health is under stress.

You are requested to participate in the quiz which will provide knowledge about the International Day of Yoga. Successful participants (Scoring 80% and above) will receive an e-Certificate on their registered active email ID within a week.

Wishing you ALL THE VERY BEST.

Organizing Committee:

Dr. Mrunal C. Kale, Principal, Anand Niketan College, Anandwan principal.anc@anandwan.in

Dr. Prashant J. Wagh, Convener, Online Quiz on 'International Day of Yoga-21st June, 2021', Coordinator, Botanical Society and EHS Committee, ANC, waghprashant2408@gmail.com



Confidence Must Rest In Your Wrist
BABA AMTE

MAHAROGI SEWA SAMITI, WARORA

**ANAND NIKETAN COLLEGE
ANANDWAN**



**BOTANICAL SOCIETY AND
ENVIRONMENT, HEALTH & SAFETY COMMITTEE**

JOINTLY ORGANIZE

International Level Online
QUIZ

TO CELEBRATE

INTERNATIONAL DAY OF YOGA

21ST JUNE, 2021



Dr. PRASHANT WAGH
CONVENER



Dr. MRUNAL KALE
PRINCIPAL, ANC, ANANDWAN

LINK FOR PARTICIATION IN THE QUIZ : <https://forms.gle/tb7SF2ohnyBmCVu68>



Questions

Responses

262

Total points: 50

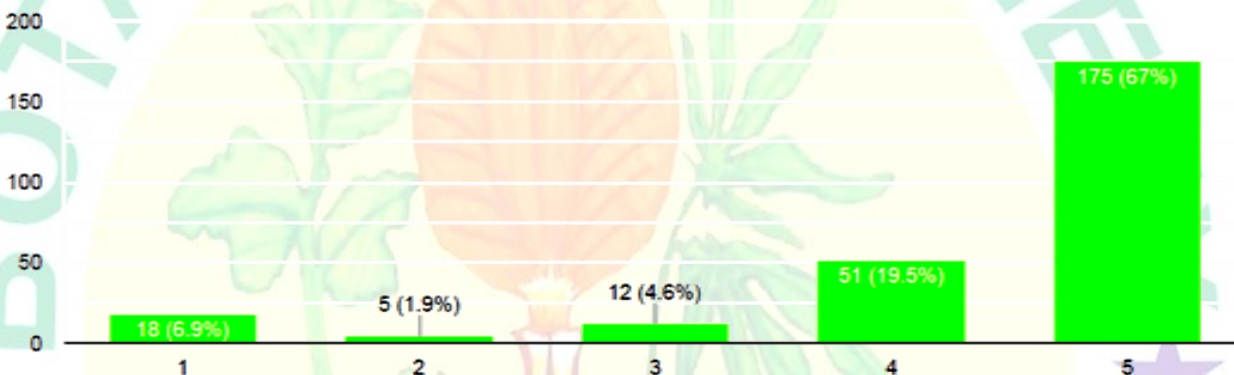
262 responses



Feedback

How will you rate this activity?

261 responses



MAHAROGI SEWA SAMITI, WARORA
ANAND NIKETAN COLLEGE,
ANANDWAN

CERTIFICATE
This Certificate is presented to
Anamika Paresh Goldar
of
Netaji subhashchandra science college Mulchera, Maharashtra
on the successful completion of International Level Online Quiz on the occasion of
INTERNATIONAL 'DAY OF YOGA'
conducted on 21st June, 2021 with **80% score.**

DR. Prashant J. W.
Convener

Mrunal C. Kale
Principal

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Certificate ID: FJ9K1G-CE000106

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